



Useful Links

[Taking care of your own behavioral health \(Substance Abuse and Mental Health Service Administration\)](#)

[Coronavirus facts and figures \(Save the Children\)](#)

[Trauma Informed Oregon resources](#)

Multilingual Resources:

Info about the pandemic translated into many different languages.

<https://usahello.org/coronavirusinformation/>

[USAHello](#) community is a national tech nonprofit digitizing services that support immigrants, refugees and asylum seekers. They released info about the pandemic translated into many different languages.

Rent, Housing, Utilities

Home Forward clients can now get rent support through May 31 if unable to pay their rent. (3/17)

Home Forward also placed a moratorium on evictions related to financial impact of COVID-19 until May 31st. Under this moratorium, tenants at Home Forward properties must notify their property manager that they cannot pay rent due to a COVID-related impact to their income. Tenants who are granted temporary rent relief will resume paying rent on June 1st unless the moratorium is extended. Home Forward will offer repayment plans of up to 12 months for unpaid rent.

Multnomah County is temporarily banning all evictions that are "due to coronavirus related hardships". Here is more info on specifics: (3/17)

<https://www.oregonlive.com/coronavirus/2020/03/multnomah-county-portland-suspend-evictions-during-coronavirus-outbreak.html>

Governor Kate Brown announced an emergency moratorium on evictions until March 27 (expected to be extended) on residential evictions. Tenants will have 6 months from the end of the emergency to repay their back rent (if the reason was for non-payment of rent). In

Multnomah County all evictions (first appearance at trials) are postponed until at least March 30; statewide they are postponed until at least March 27

